

overnight

Winter [^] Teacher Art Retreat 2018



Integrating the Arts with Wellness and
Social-Emotional Learning

Teaching our students about Wellness and developing their Social and Emotional needs is becoming more and more necessary. The ARTS can be an integral part of this learning for them. During our time, we will explore how **movement**, **music** and **visual art** can be integrated into what we do with students. Along the way, we will learn activities to use to promote Wellness and the SEL Competencies including, **yoga**, **poetry** and how to create **SEL Spaces** in your classroom or office.

As always, this PD is **Teacher-Centered**, meaning we will experience these art forms for ourselves and how they can develop our own Social-Emotional Competencies. After all, our motto remains that we need to **GET Inspired in order to BE Inspiring!**



Essex Woods Retreat Center, Essex, MA
February 2, 5:00 pm –
February 3, 4:00pm

Name:	Winter Teacher Art Retreat Feb. 2-3, 2018 Please register before January 26th.		
Address:		Quantity	Price
	Overnight Retreat (\$300)		
	Single Occupancy (+15) Double Occupancy included		
Phone:	Bring a Friend Rate (\$290) (Send registration together or on the same day.)		
Email:	Totals:		
Please send checks to The Inspired Classroom, PO Box 303, Hampton Falls NH 03844	or register online at http://theinspiredclassroom.com/teacherartretreats/wtar18		